DO YOU PUT ICE IN YOUR DRINKS IN HOT WEATHER?

It's Dangerous Practice. Dr. H. W. Wiley of Washington says, and You Want To Know About the Ice and Trem Whence It Comes.

Try not to use ice in your drinks on hot days. This advice is given by Dr. H. W. Wiley of Washington, who says that the use of ice in drinking water is dangerous. He explains that ice is made by freezing water, and when it melts, it returns to its original state. However, in some cases, ice may contain harmful substances that can be transferred to the water. This can lead to various health problems, especially in hot weather when people tend to drink more water.

FERRY'S CHOCOLATES

Next letter in the series. I praise now the last bit of love and happiness.

Mr. W. E. Jones, The Jewel Store

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