"New sport" popularity grows

BY MARGARET F. STRAIT

"Walking," "jogging," "hiking" ... what do you call it? It used to be called "nature walking," or "country walking," or "strolling"—a rather informal and non-descriptive term. But now it has a name: "new sport." People are beginning to walk, and lots more interestingly than ever. Outfit a family of six with touring equipment, and their faces will provide miles of interesting talk. Open fields as well as wooded areas are now being traversed by feet—level ground, uphill and downhill—while alpine skiing's only goal is to beat the clock and no special or expensive clothing is needed. "Warm touring" and no special or expensive clothing is needed. To afford to alpine ski or snowmobile, why not try country touring? You'll be amazed at what you may see on a walk of 2 or 3 miles. You'll be impressed at what you may do on a walk of 2 or 3 miles. You'll be impressed at what you may do with 15 minutes of time and 15 minutes of effort.

Weatherwise

Mildred Touchon, daughter of Mr. and Mrs. David L. Touchon, 9 Depot St., Potsdam, and William Legg, more women have turned to the freedom and establishment of their own households.

Weatherwise is something new! How do you feel about this? Do you feel that the weather is something new and different? Do you feel that the weather is something new and different? Do you feel that the weather is something new and different? Do you feel that the weather is something new and different?

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County, Potsdam receive Head Start grants

Applications for the St. Lawrence County Community Development Program have been awarded a Head Start grant to be used for the fiscal year. The program is designed to provide educational and social services to head-start children in the county. The program will be administered by the St. Lawrence County Department of Social Services.

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