



Times

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Eric Garrison's immediate CPR response to heart attack victim was life saving.

Gananda Sports Boosters Club Offers Kids "A Night Out"

"The kids really need something to do, a place to go," explained Gananda Sports Boosters Club president **Kathy Allen**. In response to that need, the club has been sponsoring Open Gym and Open Pool nights for Middle and High School age Gananda students. For the nominal fee of \$1.00 for middle school students and \$1.50 for high school students, the Gananda gym, cafeteria, and library are open for their use. On alternate occasions the Middle School kids use the school facilities, while the High School kids use the community pool. The next evening event scheduled will switch the locations.

The final "Open" night for the summer will be on Friday, August 24 from 8-10 at the school facilities for the High School age students, and Middle School will have the pool from 8-10 p.m.

Fundraisers are planned throughout the school year to raise money for the

sports programs and equipment. "We will work hand in hand with Dave Green and the Athletic Department. We will ask what types of items are on his priority list, that are not provided as part of his regular budget, and set our sights for those items," said Kathy. The Sports Boosters have already purchase a soccer kickboard for practices, but have been unable to set it up so far, with the field being torn up at the moment. "We are not a school club, but a private group of parents and supporters who want to improve our sports programs and participation," explained Kathy.

Officers of the Gananda Sports Boosters Club are: **Kathy Allen**, president; **Bruce Powell**, vice president; **Sue Lombard**, Secretary; **Bev Smith**, Treasurer. The club is inviting new members to join them at their next meeting scheduled for August 21st at the Annex Building adjoining the Middle/High School. The meeting will begin at 7:30 p.m.

IN THE RECYCLING MODE . . .

Composting Your Yard Wastes

Want to improve your garden and your community at the same time? Try composting yard wastes, rather than bagging and sending them to the local landfill, suggests **Dave Reville**, Cornell Cooperative Extension Agent. You'll produce valuable soil additions for your garden, and reduce the amount of waste sent to your local landfill.

"Yard waste - grass clippings, fall leaves, etc., can account for 20% and more of the volume in landfills," says **Thomas L. Richard**, agricultural engineer with the New York State College of Agricultural and Life Sciences at Cornell University." In some communities, in some seasons, yard wastes can account for 50% of landfill volume."

Because of the landfill crisis - the closing of old landfills and lack of new ones - many communities are concerned with finding ways to reduce landfill requirements. Recycling of materials

such as glass, metals, and newspapers is one way to reduce the landfill needs. Composting yard wastes is another.

Solid waste disposal is a big problem for many communities. Part of the solution involves individuals changing their habits. Gardeners who don't already have a compost pile should give serious consideration to starting one since it is not difficult. A well-managed compost does not give off odors or require excessive work. It need not take up much space in your lawn or garden. How much space you need will depend to some extent on how diligently you tend the compost. If left on its own, compost may take a year to break down. If composting conditions are adjusted for best performance, the garden wastes may break down into compost in a matter of months. The less time required to turn waste into compost, the

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One in a Million Drive-by Gives Walworth Man Fighting Chance

Eric Garrison from Fairview, a small hamlet located between Newark and Sodus, had put in almost 36 hours of duty between his regular job at Monroe Ambulance and his volunteer work with Fairview Ambulance Corps. He was on his way Saturday afternoon to Rochester to begin his next shift as an ambulance worker. Heading down Walworth-Ontario Road, he happened to catch a glimpse out of his eye - a woman frantically struggling with a man on the ground by a ditch in front of their home.

Immediately Eric backed up, jumped out, and began giving **Augustus Anagnos**, age 51, much-needed CPR (Cardio Pulmonary Resuscitation). He had Mrs. Anagnos immediately summon Walworth Ambulance personnel. "If it wasn't for him, my brother wouldn't have had any kind of chance," said **William Anagnos**, also of Walworth. "My sister-in-law said that he (Eric) had really worked hard to resuscitate her husband."

Augustus was given CPR, heart defibrillation (shocking the heart to restore normal rhythms) and a tube was placed down his throat to assist him in

breathing at the scene. He was transported to Rochester General Hospital.

Eric, age 25, is an ALS (Advanced Life Support) Intermediate Tech. "It was a one in a million chance, that I happened to be going by at that exact moment. Another couple of moments either way and I could have missed what was happening," said Eric.

Next door neighbor **Glenn Heinrich** said that his neighbor (Augustus) had gone to the doctor's the day before. "He was supposed to have a stress test, but the doctor told him is was probably just angina." **William Anagnos** confirmed that his brother had been complaining of dizziness and chest pains and that he had indeed seen a doctor the day before the heart attack. He stated that his brother is presently hooked-up to life support machines and probably would be until Wednesday or Thursday of this week. Rochester General lists Augustus condition as "critical".

Dave Stalker of the Walworth Ambulance Corps said that CPR is critical within the first few moments of need. "What we have to do is stress the importance of CPR training throughout the community," said Stalker.

Palmyra Holds Garage Sale for "Bud Abbott"

Residents of Palmyra gathered together to hold a Garage Sale to raise funds for "Bud Abbott". Bud, a jail deputy for Wayne County, was injured several months ago in a car crash and remains hospitalized. The garage sale was coordinated by **Nancy VanderMallie**, **Vicky Powell**, **Ethel Mae Johnson**, and **Sally Lynch**. The Sale included thousands of items donated and collected by local residents. Baked food, flowers, hots and hamburgs were all part of the fund raiser. The sale ran this past Saturday and Sunday on Main

Street in Palmyra. All the items and food were donated. Nancy would like to thank Wegman's from Newark, Breen's Bells Market in Palmyra, P & C Market in Macedon, Stop 21 and Big M from Palmyra, McDonald's of Macedon and Columbia Banking of Newark, Kaufman's Rolls and DiPaolo Bakery for their donations.

John Diesenroth of Palate Pleasers supplied his time and equipment to cook the hots and hamburgs.

Over \$1500 was raised to help with Bud Abbott's family's medical bills.



Lindsay and Vicky Powell along with **Nancy VanderMallie** and volunteers at this past week's Garage Sale in the village of Palmyra to benefit "Bud Abbott".