

# Sports

TEN FEET FROM THE MIKE  
By Angelo Palange  
W.M.C.A. SPORTS ANNOUNCER.

NEW YORK — Can the Manassa Mauler, Jack Dempsey, do it? Never! say close followers of sports. He'll never come back. The greatest fighter since John L. Sullivan can't even defeat a good third-rate fighter in a ten-round bout today. His present barnstorming tour is his own barometer. Dempsey is nobody's dumb-bell. He's trying himself out.

Here's what a very prominent manager of a string of fighters told me: "Jack has been living a soft life. It's true he has been fighting a lot lately—but that type of work against fifth and sixth-raters will never bring him into the circle of hard hitting, elusive top notchers that he must meet to regain lost laurels."

I've seen Dempsey in action a score of times. I admire him, but I think he owes it to himself not to try a real comeback. He can earn more in exhibition matches, riding on his halo of past years. No, I don't think Dempsey will come back—but I may be wrong. I hope so for Jack's sake.

Seeing is Believing.  
Recently Tony Canzoneri, the lightweight champion of the world, while resting on his farm at Marlboro, N. Y., saw the movies of his sensational battle against Kid Chocolate. When he returned to the Big City he met the writer and said that as he sat on the edge of a chair watching the picture, he fought the fight all over again. "You know," he said, "after watching the picture I was sure that I won the fight from Chocolate."

And Tony is a modest boy, too! "Babe" Needs New "Shoes," Colonel. Although the baseball season is a

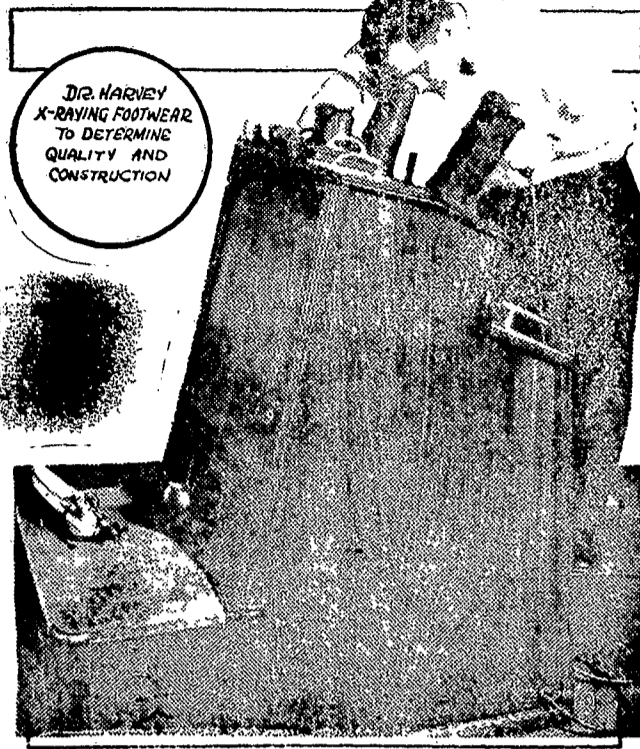
long way off, Babe Ruth fans are already discussing the Big Bambino's contract for next season. Eighty thousand dollars is the sum he received for the past two years. The Big Boy feels that he is entitled to the same amount. Having finished at the top of the American League batting order last year, enjoying, we think, the best year of his career, Babe is entitled to the same amount. It's Babe that packs the stands and not the Yankees.

"The good Colonel may say that Babe will not receive the eighty G's this coming season, but you can bet one of Grandma's good old apple dumplings that Ruth will be in the Yankee lineup next season and his salary will be \$80,000."

Hitler and Thlther.  
Little Jack Sharkey, one time great bantamweight, cannot see with his right eye. . . Johnny Buff, one time bantam champion, is broke and working on steamer back and forth to South America as bus boy. Watch for the first appearance of Franke Nokolny, a replica of Ace Hudkins, when he comes your way. . . Ice hockey is enjoying a marvelous season in the big cities. . . Graham McNamee would rather broadcast a fight than announce that yeast program. . . James J. Johnston, new general manager of Madison Square Garden, will put the Garden on paying basis as far as boxing is concerned.

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## X-RAY PLAYS IMPORTANT PART IN THE INDUSTRIAL FIELD



DR. HARVEY X-RAYING FOOTWEAR TO DETERMINE QUALITY AND CONSTRUCTION

Practical application of the X-ray to things industrial is one of the newest things under the sun of science. From the time that the scientist Roentgen made his discovery, the X-ray had been used almost exclusively in surgery and the visible diagnosis of human life. Now progressive business is employing the "all-seeing eye" to determine quality and construction of many kinds of merchandise.

Montgomery Ward & Co., the nation's oldest mail-order concern, whose 350 retail stores throughout the land bring it into close and constant contact with millions of American families, is operating a modern and complete X-ray studio at its huge Chicago plant, where hundreds of articles of merchandise are studied and tested monthly under the revealing beams.

"Application of the X-ray to modern business," said Dr. E. H. Harvey, head of the Ward laboratories, "is seeing of great benefit to our company and its army of customers. By means of the X-ray we are enabled to inspect our merchandise minutely without tearing it to pieces and as a result much time is saved along with the expense of the more laborious task of taking the wares to pieces. No

defect, however slight, or faulty construction escapes the penetrating 'eyes' of the ray. Our shoes must fit, and the X-ray gives us a perfect picture of the construction of them—whether there are arch supporters in them, durable steel supports; whether the stitching and pegging are satisfactory, besides determining the flawlessness of the leather and other material used. By means of the X-ray we can determine the true sphericity of the centers of baseballs and golfballs, and the 'inner workings' of many other things that heretofore have had to be torn apart to reveal themselves as they really were.

"We examine the internal construction of radio tubes to demonstrate visually that they are the equal of any tubes on the market, and the ray also tells us very plainly whether or not our furniture is properly jointed and whether or not the hair in our paint brushes and other brushes are properly and securely set. There really is scarcely a limit to the serviceability of the X-ray, which from now on will play a very important part in industry and commerce. We at Ward's are off to a fine running start in full development of possibilities."



## New Sweet Sandwiches

THE clever hostess is putting this winter—first of all because they taste delicious, second, because the enzyme bromelin in this fruit helps to digest heavy proteins, third, because its natural fruit acids turn alkaline inside the body, and last, to serve something different and new at this season's parties. Here is how to make a few:

**Cheese and Fruit Sandwiches:** Mash two cream cheeses, add one-fourth cup drained crushed Hawaiian pineapple, one-fourth cup strawberry preserves; cream well. Use between thin slices of buttered bread.

**Pineapple Marshmallow Sandwiches:** Melt twelve marshmallows in a double boiler, add one-fourth cup drained crushed Hawaiian pineapple, and cook ten minutes. Cool and spread between buttered rounds of brown bread.

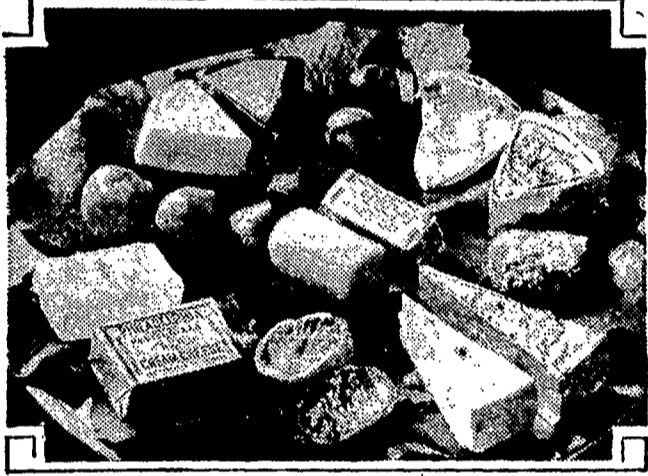
**Pineapple-Ginger Sandwiches:** Mix together three-fourths cup

drained crushed pineapple, one tablespoon chopped preserved ginger, one-fourth cup chopped walnuts, one teaspoon ginger syrup and one tablespoon pineapple syrup, and spread between buttered slices of whole wheat bread.

**Banana-Pineapple Sandwiches:** Mash two bananas, add one-fourth tablespoon lemon juice, one-fourth cup drained crushed pineapple and two tablespoons honey. Add one-fourth cup grated mild cheese, or cream cheese, cream well, and use between thin slices of white or brown bread.

**Peanut Butter and Pineapple Sandwiches:** Cream together one-half cup peanut butter, one-half cup drained crushed Hawaiian pineapple, two tablespoons chopped maraschino cherries, one tablespoon cherry jam and one tablespoon syrup from the canned pineapple. Spread between thin slices of buttered white bread with a leaf of lettuce in each.

## Tables Talk Turkey and "Fixin's"



By MARYE DAINKE  
Kraft Cheese Institute.

Tables start talking turkey along about this time of year! And cranberry sauce, mince pie, plum pudding, and all the other holiday delights which make a gala season are whispored in every kitchen throughout the country. Every course, and every food, for the truly special holiday, must wear gay dress.

The final course topping the great American bird must be a very special dessert indeed. One of the loveliest and most fitting of all holiday choices is a variety of cheese tray—a colorful display of ruddy cheeses, ripe and melon, cut in gay squares and flanked by sugary candied fruits, dewy-green green galax leaves, or the simpler but wonderfully effective garnishings of parsley or tiny lettuce leaves. Holly leaves may be used in place of galax leaves for the most delectable of trays.

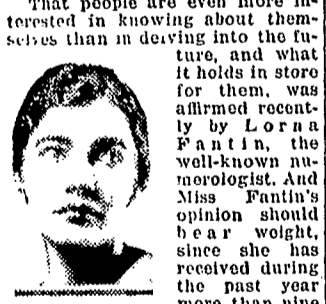
A sophisticated cheese tray suited to the season's mood may be fashioned by placing a square of deep yellow American cheese in the center of a bed of galax leaves, arranged on an attractive serving plate. This may be surrounded with a quarter pound slice of pale Swiss, a snowy cube of cream cheese, and small wedge-shaped portions of Roquefort and Camembert.

These mellow cheese favorites, tempting to the lecherous choice of epicures, should be alternated with assorted crystallized fruits, rich black dates and prunes bulging with nutmeats, sugar-glittering pears, apricots, kumquats, orange peeling.

The European fashion of serving several varieties of cheese ranged against the snowy whiteness of a wooden board is a delightful one. These small wooden service trays—so effective a background for after-dinner service—may be purchased for a few cents.

## How Numbers Can Help

HUNDREDS OF THOUSANDS SEEK ADVICE OF NOTED NUMEROLOGIST



That people are even more interested in knowing about themselves than in knowing about the future, and what it holds in store for them, was affirmed recently by Lorna Fantin, the well-known numerologist. And Miss Fantin's opinion should bear weight, since she has received during the past year more than nine hundred thousand letters from radio listeners, outlining their problems and asking for advice.

"I think the great interest in numerology," Miss Fantin said, "sitting in her office high up in the Chrysler Building, in New York, 'is because people's minds are more alert and flexible than they were a few years ago. We all have problems, and in a way we all lead lives of frustration, so it is only natural that we should seek knowledge that will help us lead a happier and more harmonious existence. Self-education is the new American ideal, and human-relations is rapidly becoming one of the most important courses in the self-imposed post-graduate work of the country's millions."


Referring to the old English proverb, attributed to Pope, that "the proper study of mankind is Man," Miss Fantin explained that

by knowing one's self one could also know others. The great majority of radio listeners who wrote in for help, she continued, realized that numerology did not pretend to foretell the future, so most of the questions concerned business worries and squabbles in the home and how these could be adjusted, to the advantage of all concerned.

"People have always interested me intensely," Miss Fantin said, "so it was only natural that I should take up numerology—a science that tells one so much about the human character. And this curiosity about my fellow-men seems to be shared by hundreds of thousands of people who really want help, not only for themselves but for others. Numerology can be used as a short-cut in every walk of life. But, while it outlines the path and points the way, it is for the individual to follow it up. Vocational analysis, business conduct and charms charts are exceptionally useful, for they help each person, to pattern his or herself according to special types, and not copy some other type that has been successful before, and therefore become standard."

Miss Fantin is taking a well-earned vacation this summer and is now in Reno where she plans to prove to herself certain theories she has long held regarding domestic relations, and their possible cure. And where, she explains, are there more examples of unhappy marriages, gathered into one community, "than in the Nevada town?"





### HEALTH in the HOME

Practical Studies for Wives and Mothers

By Dr. ERNEST H. LINES  
Eminent Authority and Chief Medical Director  
New York Life Insurance Company

### HEALTH AND HAPPINESS

MANY wives and mothers do not realize to what a great extent they have it in their power to control the health and, therefore, the success, happiness and longevity of their husbands and children. Good health is the principal source of physical energy, and the mind and body are so interdependent, the one upon the other, that our mental energy, also, depends greatly upon the state of our health.

People who are full of vitality are usually cheerful and happy. Happiness, in turn, is an aid to health. Moreover, since good health increases our physical and mental energies, one of the best ways of preparing ourselves for success is to keep our bodies fit at all times.

Many men, women and children are lacking in cheerfulness or are sluggish, languid, irritable, or depressed, simply because they are ill, or, at least, are not in good physical condition. Restore them to perfect health, their spirits rise and they display more energy and interest in their work and in life in general. The husband's energy and fitness for efficient work, the children's ability to attend school regularly and do well in their studies are at stake. Many a child, considered dull in school and at home, has really been (physically) incapacitated by malnutrition or by some undetected physical impairment.

Health is affected, favorably or unfavorably, by our habits of living, according as they are good or bad. In great part, these habits of living are habits of preference for certain kinds of food, for certain methods of cooking, for proper or improper ventilation, suitable or unsuitable clothing, as well as hygienic or unhygienic ways in the care of the body.

With an elementary knowledge of hygiene, wives and mothers can regulate the home life along lines that will help greatly to establish right habits of living and thus improve the health of the family and prevent accidents and much illness. They should know something about foods and their values and the advantages of sunlight, fresh air, ventilation, proper clothing, cleanliness, exercise, sleep and rest.

Prevention of disease depends largely on properly applied knowledge of these factors.


If by attention to the simple rules of right living she can train her charges, husband and children, to keep up to the mark physically, the wife, or mother, will find for herself, rest, peace of mind and happiness that will amply compensate her for the effort she has made.

**QUESTIONS:**  
All wives and mothers should be able to answer these questions: 1. Why is a healthy family usually a cheerful one? 2. How can a wife or mother help to keep her husband and children in good health? 3. What are some of the principal habits of living that affect health?

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This is the first of a series of 12 articles on Health in the Home. The second will be on Light and Ventilation.

### Cucumbers for Company

By Jane Rogers



TO the woman who takes a real pride in her skill as a cook, no words of praise are more sweet than those called forth by one of her culinary masterpieces. This, together with her conception of true hospitality, stirs in every good hostess the ambition to please her luncheon or dinner guests with some out-of-the-ordinary and particularly delicious dish.

Stuffed cucumbers are sufficiently out of the ordinary routine, and more than sufficiently delicious, to arouse the admiration of the most difficult-to-please guest. Here the proper use of seasonings found in every kitchen is the most important factor in assuring success. Particularly interesting is the use of sugar as one of the seasonings; a fairly recent development in American cooking, but one that it has been found points up and blends the flavors of almost all vegetable dishes.

Try your hand at the following recipe the next time you want to serve your guests something extra-special in the vegetable line. It's certain, though, that this won't long remain a "company" dish. Once your family has tasted it, there's bound to be a demand for its regular appearance.

**Stuffed Cucumbers**

Cut three good-size cucumbers in half lengthwise, and cook until tender in salted water. Scoop out the centers, and fill each half with a mixture consisting of three cups cooked rice, one cup chili sauce, one tablespoon vinegar, one tablespoon sugar, two tablespoons tomato ketchup, one teaspoon paprika, salt and pepper to taste, and one large onion which has been chopped fine and cooked in melted butter. Serve immediately, being sure that the portions are very hot.



## Science and Business

THE annual convention of the National Canners' Association will be held in the largest hotel in the world, the gigantic Stevens, in Chicago, from January twenty-fifth to January thirtieth, and the annual convention of the National Food Brokers and of the Canning Machinery and Supplies Associations will be held there at the same time. Even the largest hotel in the world, however, cannot accommodate the six or seven thousand men who meet annually to discuss how to maintain and, if possible, improve the quality of all the foods that are canned in this country, and there will be a large overflow to other nearby hotels.

**To Make Them Better**

The main object of the convention is to find ways and means of making still better the canned foods which have reached such an enormous rate of consumption. With this object in mind, scientists from all over the United States are called upon to contribute their knowledge and research to perfecting still further our marvelous American technique of canning foods.

Among those who addressed the convention of the National Canners' Association last year were scientists from Columbia University, the University of Minnesota, Purdue University and its Experiment Station at Lafayette, Ind., the University of Wisconsin, the Iowa State Agricultural College, the American Medical Association, the Hooper Foundation of the California Board of Health, the Michigan Department of Agriculture, the Tennessee Agricultural Extension Service, the U. S. Department of Agriculture, and the laboratories of the National Canners' Association in Washington and San Francisco and of the American Canning Company in Maywood, Illinois.

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