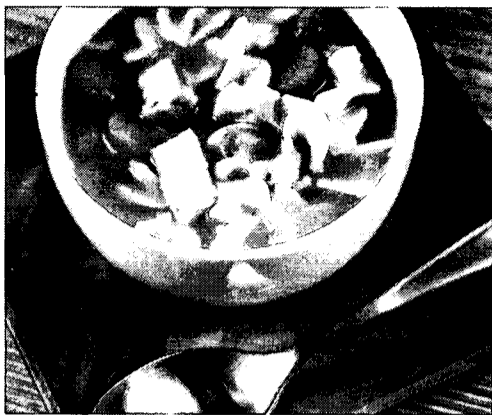


THE WEEK AHEAD

Nearby things to do this week

Soup on a cold winter's day

Learn how to make a healthy Tuscan vegetable soup to keep you warm on the cold winter days. Chef Rob Scott will lead the class at the Freeport Memorial Library this Friday, Jan. 6 at 1 p.m. There is a nonrefundable fee of \$5 payable at the time of registration at Reference.



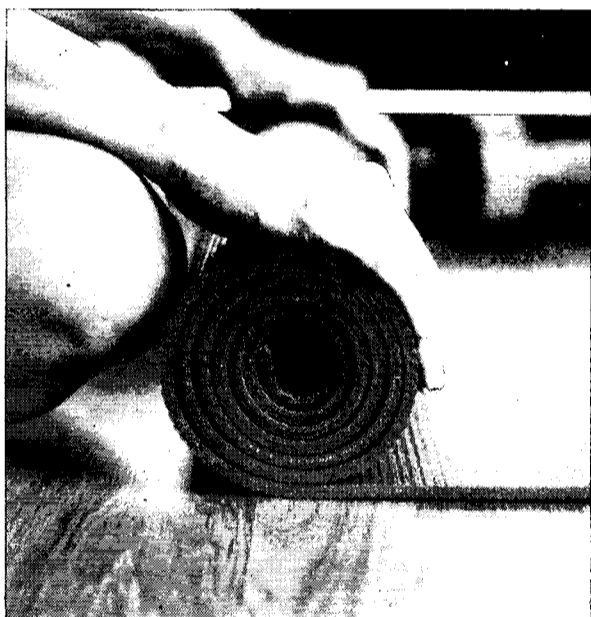
Explore a new hobby

Beat the winter blues by exploring a new hobby at the Freeport Memorial Library this week. On Monday, Jan 9, learn to develop your speaking skills at a meeting of the Toastmasters. Prefer orthology? The Audubon Society meets on Tuesday, Jan 10. Finally you can improve your camera skills at a meeting of the Freeport Camera Club on Wednesday, Jan. 11. All these programs begin at 7 p.m.



Healthy you in the New Year

Start the New Year right. Join other Freeporters for a yoga class at the Freeport Memorial Library, led by April Diane, a licensed yoga instructor. Classes are held each Thursday at 2 p.m., beginning on Jan. 12. Yoga can benefit anyone, regardless of age, flexibility or disability. Fully hydrate, eat no less than 30 minutes before class and bring a bottle of water and a yoga mat with you to class.



More adventures with that big bad wolf

"Red Riding Hood," an innovative musical adaptation of the beloved fairy tale, is told through the eyes of a brother and sister having a sleepover at their grandmother's house, on the Long Island Children's Museum stage, Tuesday through Friday, Jan. 10-13. Soon what's real and what's imagined begin to blur, and the kids find themselves in the



deep dark woods with a wolf tracking them down. Info: (516) 224-5800 or www.licm.org.

Pretty in pink

"Pinkalicious," the beloved children's book by Elizabeth and Victoria Kann, springs to life in Plaza Theatrical Productions version of this musical confection, in Bellmore. Everyone will be thinking (and wearing) pink, like Pinkalicious Pinkerton, the heroine of this preteen charmer, Saturday and Sunday, Jan. 7-8. Info: (516) 599-6870 or www.plazatheatrical.com.



library news

Art

Elemental Space by Stanley Cadet

Jan. 3-30

Elemental Space is a series of photographic portraits of athletes and performance artists. It brings attention to how ambition, perseverance and personal drive defy limitations and aid one in overcoming challenges and obstacles.

Music

Tribute to the Divas

Presented by JayCee Driesen and the JC Revue

Sunday, Jan 29, 2:30 p.m.

A collaboration of songs from Barbra Streisand, Bette Midler, Cher, Celine Dion, Judy Garland, Liza Minnelli, Shirley Bassey, Gladys Knight, Nina Simone, Etta James and more, this show will have you singing along and moving your feet.

Literature

Memoir Writing: Sharing our Stories

Led by Barbara Spinelli

Tuesdays, 2-4 p.m.

Jan. 17 and Feb. 14

If you have wanted to share your life experiences then this is the place to begin. Come join us at this monthly gathering remembering our past. Bring the writer's tools: paper and pen. Register online, by phone or in person at Reference.

Adults

Computer Classes for Grown-ups

Presented by Sharper Training Solutions.

Introduction to Mac

Tuesday, Jan 10, 6:30-8:30 p.m.

Learn about the desktop, computer elements, tools and toolbars and how to get online, plus more.

Driving Courses

Enrollment is limited. Payment is due at registration. You must have a valid New York State driver's license to enroll in these courses

Defensive Driving

Saturday, Jan 21 or Feb. 18, 9:15 a.m. - 3:30 p.m.

AgeWell at FML

Presented by AgeWell New York

Arthritis

Thursday, Jan 19, 2 p.m.

Most people think of arthritis as the condition of having painful, stiff joints. In fact, there are many kinds of arthritis, each with different symptoms and treatments. This lecture will show you how to find proper care for arthritic pain. Register online by phone or in person at Reference.

Current Events in Perspective

Presented by Michael D'Innocenzo-Libresco, Hofstra University

Thursdays, Jan 12 and Feb. 2, 1 p.m.

Professor D'Innocenzo-Libresco offers his insightful perspective on the people and events that shape our world today. Audience participation is encouraged.

Knitting and Crocheting

Presented by Lupe Velasquez

Thursdays, Jan 12, 26; Feb. 2, 16, 7 p.m.

Bring your own yarn and needles and we will help you with your project. Beginners and experienced needleworkers welcome Register online by phone or in person at Reference.



JOHN ZALUSKI will lead a discussion on the book, "The Buddha in the Attic" by Julie Otsuka this Friday, at 12 p.m. Otsuka tells stories of six Japanese mail-order brides whose new lives in early twentieth-century San Francisco are marked by backbreaking migrant work, cultural struggles, children who reject their heritage and the prospect of wartime internment.

Freeport THE LEADER

Have a great story?

Call our editors today
516-569-4000 or email
exeditor@liherald.com

➔

www.freeportbaldwinleader.com