



Daylight saving time ends this Sunday

Remember to set your clocks back, and change your smoke and CO detector batteries



THE LEADER

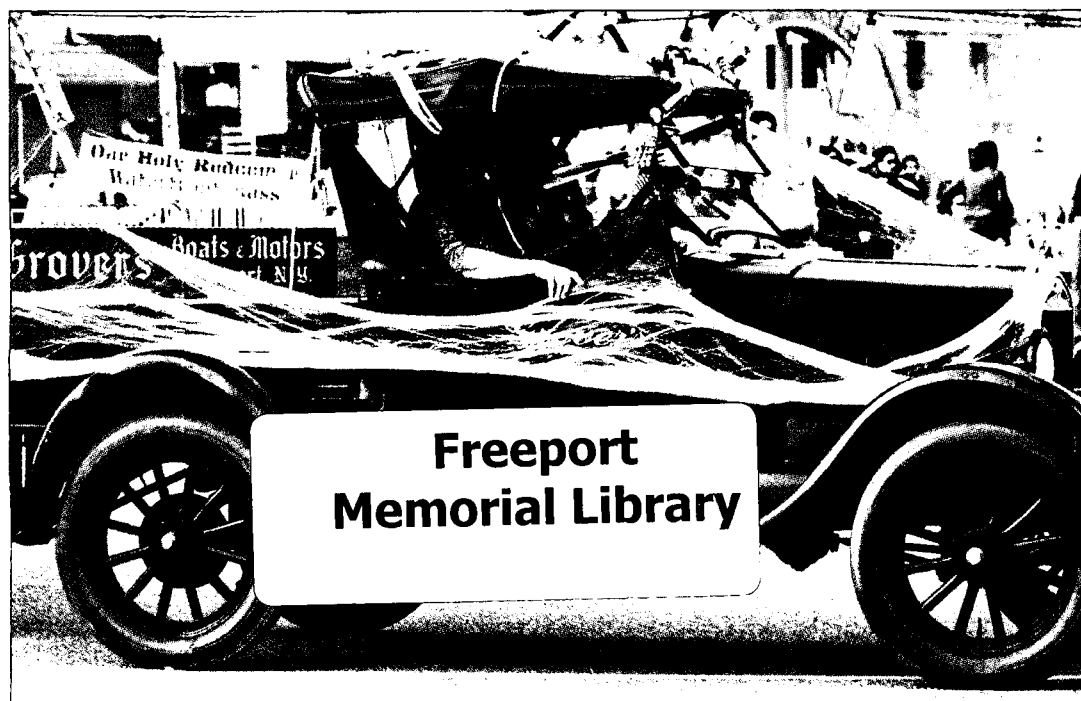
81st Year, No. 44

Freeport, N.Y. 11520

A Herald Community Newspaper

Thursday, November 3, 2016

\$1.00



Theresa Press/Herald

Local Ghouls out for a ride

Al Grover and his lovely bride, Rosemarie, in their Model T at Sunday's Fall Festival on the Nautical Mile. The festival included a Halloween costume parade, children's rides, a Trunk or Treat event and a chowder contest. The Freeport Fire Department held its 28th Annual Fire Expo as well. See page 3 for story and pictures.

Feeling stressed about big storms? It's only natural

By LAURA SCHOFER and SCOTT BRINTON

lschofer@iherald.com, sbrinton@iherald.com

Hurricane Sandy was the South Shore's worst nightmare realized. It was a monster storm that flooded whole communities and left tens of thousands of lives in tatters. It was traumatic. People felt a visceral sense of fear for weeks and months—perhaps even years. Can another big storm strike?

Chances are, one will eventually hit Long Island again. Hurricane Matthew, which reached Category 4 status, recently roared across Haiti and the Bahamas before slamming into the East Coast, from Florida to the Carolinas. In its path, it left only devastation. As Sandy victims, Long Islanders know all too well the long road ahead that Matthew's thousands of victims face.

At first, weather forecasters thought Matthew might drift into the Atlantic, like so many hurricanes. But it didn't. That raised Long Islanders' alarm bells. Many people started preparing for the storm immediately, fearful that they were in for the next

Big One.

In the years following the storm, observations and patterns have started to form an uneasy picture of the storm's psychological effects. "What we're seeing is a lot of PTSD symptoms, a lot of anxiety, mild depression, and for people who had mental health issues prior, we're finding their situation has been exacerbated," said Jane Collins, Social Work Supervisor for the Rockville Centre-based Disaster Action Response Team.

Sandy four years later

Whoever thought four to five feet of water would destroy your life.

MICHAEL RAAB,
Former Freeporter

Catholic Charities' Disaster Action Response Team, or DART is a program designed to meet the complex needs of individuals and families in need through their Disaster Response Services. "We have licensed social workers and mental health counselor who go out into the field many times meeting clients in their home for individual counseling," said Collins. The program's services team provides comprehensive assessments of client needs, clinical therapy, counseling and individualized recovery plans.

"Whoever thought four to five feet of water would destroy your life," Michael Raab, a former

How climate change affects hurricanes

By ERIK HAWKINS
ehawkins@iherald.com

With communities devastated by Hurricane Sandy in 2012 still awaiting state and federal funds to help buttress against the effects of another storm of its size, some groups on Long Island continue to fight their battle against what they see as the root: climate change.

The storm, which caused nearly \$32 billion in damage to the state, according to Gov. Andrew Cuomo at the time, was boosted by a sea

level that has risen by at least a foot since 1900, which the Department of Environmental Conservation attributes to the expansion of warming ocean water.

Longtime activist and retired schoolteacher Morris Kramer, of Atlantic Beach, says that the warming waters are a clear and undeniable fact — one that residents should be "very, very wary about" when it comes to a future storm.

"It's locked in. There's no way to cool it down. It's something we have to face," he said. "The same size

storm from six years ago might now be much stronger and cause much more damage ... Sandy was basically not so damaging coastwise."

Kramer supports this dark prediction with ocean temperatures in Nassau County that he says reached the lower 80s over the summer — a phenomenon that he said he hasn't seen in his lifetime.

According to Kramer, an incoming hurricane could boost temperatures by as much as nine degrees,

CONTINUED ON PAGE 9

<p>Election Guide 2016 Look Inside</p>	<p>Freeport's Week Ahead Page 5</p>
<p>Veterans Day Preview Page 10</p>	<p>Attempted Murder in Freeport Page 19</p>

FRPT MEMORIAL LIB
147 W MERRICK RD # 3
FREEPORT, NY 11520-3726
0112554 LIG 08/24/2017
*****FRM CAR-RT LOT**C029 LIG