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## HF-L girls swim to win over Wayland

BY DONNA MACKENZIE

With a number of returning swimmers, the Honeoye Falls-Lima Girls Varsity Swim team opened its season last week with a loss and a victory.

HF-L has 21 girls back from the 7-2 squad, which won the Livingston County league and took second at the Section V Class B championships. The veterans are seniors Rebecca Bretherthen, Kerry Keyes, Margaret Markham, Melissa Shukoff, Kristin Spangenberg and Emily Stankaitis, juniors Lauren Jaenecke, Sierra Sarkis and Kelly Young, sophomores Jennifer Bock, Mackenzie Deubler, Shanley Richards, Sara Swetman and Kayleigh Wood, freshmen Brenda Blain, Stephanie Carter, Katie Engel, Maddie Silverman and Katie West and eighth-graders Maddie Hoose and Melissa Villanti. Deubler (state meet qualifier in 50 free) and Stankaitis were half of the quartet who won the 200 medley relay at sectionals. Both were also sectional finalists in the 100 freestyle and Stankaitis was also a sectional finalist in the 50 free. Other sectional finalists were Swetman (200, 500 freestyles), Bock (butterfly), Silverman (butterfly and individual medley), West (breaststroke and IM), Markham (breaststroke), Carter (backstroke), Engel (freestyle) and Wood (diving). New to the team are freshman Rachel Rowlands, eighth-graders Siobhan Lambert, Jordan Reed and Cari Stankaitis and seventh-grader Natalie Engel.

The Cougars fell to Canandaigua 129-67 on Sept. 9, the team they were runnerup to in sectionals. Carter, West, Deubler and Emily Stankaitis won the 200 medley relay with a time of 2 minutes, 1.97 seconds. Young, Markham, Cari Stankaitis and Engel were fourth.

Swetman took second in the 200 free (2:10.03). Bock was fifth with a life-best 2:11.81 and Spangenberg sixth. Silverman, West and Markham were fourth, fifth and sixth in the IM. Deubler clocked 25.47 seconds for second

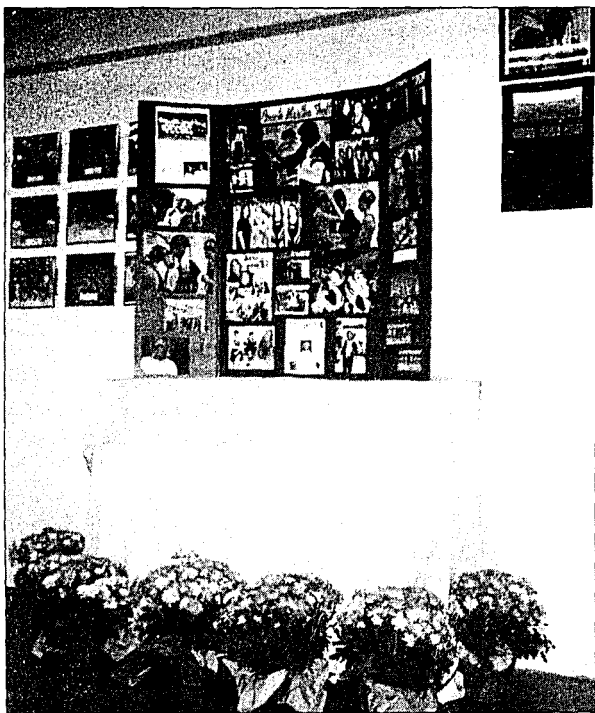


Photo by Donna MacKenzie

A plaque and photo in memory of assistant swim coach Martha Trott was unveiled at the HF-L pool on Sept. 9.

in the 50 free. Emily Stankaitis placed fourth and Cari Stankaitis fifth. Wood compiled a life-best total of 177.50 points for second in diving. Blain finished fifth. Silverman turned a life-best 1:04.95 for second in the 100 butterfly. Bock was fourth (life-best 1:07.30). Deubler was 4/10ths of a second off the state qualifying time in the 100 free and took second. Emily Stankaitis came in fourth and Engel fifth. Swetman won the 500 free (5:46.46). Deubler, Cari Stankaitis, Swetman and Emily Stankaitis teamed up for second in the 200 free relay.

"Their 1:45.55 is a very good time for early in the season," coach Norm Schueckler said.

Carter, Villanti and Young went 2-4-5 in the 100 backstroke. Markham was third in the 100 breaststroke, followed by West and Bretherthen. Engel, Cari Stankaitis, Silverman and Swetman were

third in the 400 free relay.

HF-L defeated Wayland-Cohocton 66-33 on Sept. 11. Carter was the story of the meet. The freshman won the 100 free (1:03.48) and the backstroke (1:11.07) and led off the winning medley relay with Deubler, Silverman and Emily Stankaitis. The quartet clocked a 2:07.83 time. Cari Stankaitis won the 200 free for the Cougars (1-1). Bock took the IM. Engel captured the 50 free. Wood earned a win in diving. Silverman won the butterfly. Spangenberg finished first in the 500. Cari Stankaitis, Swetman, Deubler and Emily Stankaitis won the 200 free relay. Markham finished first in the breaststroke. Deubler, Silverman, Emily Stankaitis and Swetman combined to take the win in the 400 relay.

HF-L hosts Letchworth Sept 18.

## HF-L football beats Wayland-Cohocton

BY DONNA MACKENZIE

With the wet weather on Sept. 12, it was a good thing the Honeoye Falls-Lima Varsity Football team had its rushing game in high gear.

Senior quarterback John Santana rushed 24 times for 207 yards and scored four touchdowns and also threw for another TD to lead the Cougars (1-1) past Wayland-Cohocton 45-20. HF-L stopped Wayland on its first possession at the Cougar 2-yard-line. However, the Cougars gave the ball right back on a fumble and Wayland scored a touchdown for a 6-0 lead. HF-L bounced back and took a

7-6 lead in the first quarter when Santana took the ball in from the one, capping a 10-play, 60-yard drive. Joe Cuffney converted the point-after kick. HF-L bumped the lead to 14-6 when Jordan Bagwell snagged a 21-yard touchdown pass from Santana. Cuffney again made the kick. Wayland pulled to within 14-12 with a touchdown of its own. However, the Cougars got another TD when Santana raced 40 yards for a score and a 20-12 halftime advantage.

Santana scored on TD runs of 55 and 39 yards to move the lead to 32-12 at the end of three quarters. A 17-yard run by Tommy O'Leary

and a Cuffney kick and a two-yard run by Jeff Roth closed the scoring for HF-L in the fourth quarter.

O'Leary carried 17 times for 76 yards. Roth had five yards on two carries. Santana went 3-of-4 passing for 52 yards. Bagwell caught two passes for 48 yards. Ryan Peterson had one reception for four yards.

"Our offensive line did a great job blocking," coach Dan Hoyt said. "Jeff Cornell and Andy Fahy, in particular, threw some key blocks on the long touchdown runs."

Matt Naber led the defense with 12 tackles. Fahy chipped

## Inaugural run to benefit memorial fund

A 5k race and fun walk will benefit a memorial fund set up in memory of two Mendon brothers, Brandon and Cameron Buchanan, who lost their lives in two tragic, unrelated events.

The Buchanan Brothers Memorial Fund presents the inaugural Buchanan Brothers Memorial Run on Sunday, Sept. 28, 2008 at Honeoye Falls-Lima High School. Registration is between 7-8:30 a.m. with the race/walk starting at 9 a.m. The event is sanctioned by the USATF. Race/walk fees are \$17 before Sept. 22 and \$22 after Sept. 22. All proceeds will benefit the scholarship funds set up in Brandon's memory (The Brandon John Buchanan Memorial Scholarship Fund at the University of Vermont) and Cameron's memory (The Cameron Kent Buchanan Peace, Unity, Love Humanitarian Award at Honeoye Falls-Lima High School).

Prizes will be awarded to the top three runners in 14 different age categories.

The course starts on the grounds of the high school, going west on East Street and turning left on Ontario Street. After about a mile, the course turns left on Bean Hill Road and then makes a left on Quaker Meeting House Road, turning left onto East Street and back to the high school.

Brandon Buchanan was working at Cantor Fitzgerald in the north tower of the World Trade Center on Sept. 11, 2001 when he lost his life with nearly 3,000 others during the 9/11 terrorist attacks. A scholarship was established in his name at Vermont to provide assistance to business majors with the hope that Brandon will not be forgotten and his legacy of love, light and laughter would live on. He graduated from McQuaid in 1995 and from Vermont in 1999.

Cameron Buchanan passed away following an off-road vehicle accident as a backseat passenger on July 21, 2007. A scholarship was established in his memory for an HF-L graduating senior, who best exemplifies Cameron's personality traits and who values peace, unity and love. He graduated from HF-L in 2006 and had just completed his freshman year at Vermont.

It is the memorial fund committee's intent that the event will be a forum for participants, volunteers and observers to remember the brothers and celebrate their lives as well.

Pre-race registration is available by mail or online at the website [www.buchananbrothersmemorial.com](http://www.buchananbrothersmemorial.com). A pre-race packet pickup is available at Medved Running & Walking Outfitters, 3400 Monroe Avenue on Sept. 26 from 10 a.m.-9 p.m. and Sept. 27 from noon to 5 p.m.

## HF-L tennis holds 3-2 mark

BY DONNA MACKENZIE

The Honeoye Falls-Lima Girls Varsity Tennis team won its third consecutive match by beating Fairport last week, but dropped two other matches later in the week.

HF-L topped Fairport 5-2 on Sept. 8. Quinn Gleason overpowered Sarah Schmitz in first singles by 6-1, 6-4. Teresa Weissend earned a victory in second singles. Haley Roth won at third singles. Mollee Thomas netted a win in fourth singles. After losing the first set 3-6, Katie Downey and Cara Farrell rallied to win the next two sets 6-4, 7-6 (7-4) at first doubles. Chloe Farmer and Sarah Kaczmarek played very well against their second doubles opponents but were edged 7-5, 7-6 (9-7). Laura Mueller and Ginny Tate fell in third doubles.

Brighton overwhelmed the Cougars 6-1 on Sept. 9. Gleason took HF-L's lone point with a victory in first singles. Weissend (second), Roth (third) and Thomas (fourth) all bowed in their singles matches. Downey and Farrell struggled against their first doubles opponents. Farmer and Kaczmarek fell in second doubles. Mueller and Tate lost at third doubles.

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