

JERSEY
Corn Flakes
make a delicious dish for any meal.
You will like the natural corn flavor.
Ask your grocer.



The JERSEY CEREAL FOOD CO.,
Albion, N.Y.
Manufacturers of Corn Flakes, Muesli, Oats, etc.

WORKS HARD TO AVERT FLU EPIDEMIC

Government and City Health Officials Warn People to Keep Clean.

Stay Away from People with Coughs and Colds.

"Avoid crowds if you want to avoid influenza," says Association for Improving the Conditions of New York.

Keep your hands clean, drink plenty of fresh water; sleep with windows open; eat three uniform meals a day including a good breakfast.

People who have catarrh or frequent colds invite Influenza, a prominent Kentucky druggist.

The membrane of the throat and nose is raw, sore and tender, and makes a lovely abiding place for germs to thrive and multiply.

He advises an inexpensive home-made remedy that will bring relief in less than a day and will stop all discharge and sooth and heal the inflamed membrane in a few days.

Thousands are making this beneficial remedy at home and anyone who has catarrh or a cold can do the same.

Four mouthfuls of an ounce of Mentholized Arctine are put in a pint bottle, then fill the bottle with water that has been boiled.

Gargle the throat as directed and snuff or spray the liquid into the nostrils twice daily. It's a simple way to get rid of cold and catarrh and keeps the nasal passage and throat clean and healthy.

Nearly all druggists dispense Mentholized Arctine in vials containing exactly three-quarters of an ounce, which is all you need to make a pint of this healthful medicine.



is the dentifrice that contains the properties recommended as ideal by United States Army dental surgeons

Sure Relief

6 BELL-ANS FOR INDIGESTION

Don't let baby scratch

Teething rash, prickly heat, chafing—these are a few of the trying skin ills which make baby fretful and keep anxious mothers busy trying to soothe the torment.

KISINOL OINTMENT is the very thing to give quick relief. Try it and note how soon baby's fretful crying stops as this gentle, cooling ointment relieves the itching and burning.

Resinol is a registered trademark.

Resinol

Best Choice for Baby's "lost-up" photograph of the month. Order today and place on the envelope of 10 miles to the inch.

WATERLOO

20 W. Main Street

O. J. CONNELL

Phone 160-W.

Waterloo Briefs

Waterloo, Aug. 6—Eugene Campbell has secured a position in the Gould shops at Seneca Falls.

Mrs. Rose Furniss, corner of William and Center streets, is having her house painted, which was recently remodeled.

It may be of interest to many idle workers, mills employees to know that the Lish Manufacturing Co. of Canandaigua is seeking help, both men and women.

Sidney Kuey has hatched fourteen presents from the eggs allotted him by Charles Genuing who distributed a number throughout this section. They were furnished Mr. Genuing by the State Conservation Commission several weeks ago.

Pauline E. Eloise Hunniston are the guests of Mr. and Mrs. G. E. Lincoln in Rochester.

Leslie Sills of Seneca Falls is visiting Margaret Olp north of the village and Mrs. Jacobson and two children of Rochester are visiting Mrs. Olp.

Miss Leora Hutchings has returned to Waterloo after a five weeks' vacation at her home in Auburn.

Mrs. Liver Hunniston is the guest of her son, H. A. Hunniston in Rochester.

Mrs. Catherine Quinn and daughter Mary are visiting in New York City.

Mr. and Mrs. Sidney Lewis of North street are visiting in Syracuse.

"The Transgressor," a photo-drama in nine acts, will be presented at the Star Theater, Wednesday, August 12, at 7 and 9 p.m., under the auspices of St. Mary's church.

The Misses Gertrude and Adelajda

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Miss Caroline Mongin of Cleveland, Ohio, is in town visiting her mother on East Main street.

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hours will lead the class meeting, preaching at 10:30 a.m. by the pastor.

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