nervous system disorders, birth defects, cancer and autoimmune dis-

Childhood Vaccination Program. 103rd Congress introduces

and many of these chemicals are causing allergic reactions, central

Americans drink water with .7ppm fluoride”.

Children in the United States, while severely limiting exemptions parents

drinking water supplies.

According to the editor of Microwave News, the results of the study do

over 75,000 suspected contaminants have been found in the nation's

1994 The National Academy of Sciences reports that 95% of the

1994 Clinton Administration pushes the US Congress to pass a

1994 Science News reports that scientists are “now realizing” that

1994 W.R.Grace and company, through Agracetus were granted a

9 mos. to 1 year with parent participation)

Fri. 6:00-6:30 P.M.

Sun. 10:00-10:30 A.M.

Fri. 6:30-7:00 P.M.

Sun. 10:30-11:00 A.M.

**Forms will be processed in order of first received. First processed.

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*Dr. Brian Young - Monday 9am to 12 Noon
Dr. Ronald Tremblay - Tuesday 8:30am to 12 noon
Wednesday 8:30am to 11:30pm (at Akwesasne Clinic)

WALK IN CLINIC means just that, an appointment is not necessary. Just walk in with your Ohip or Qhip in hand and before you know it you will be out the door without having to wait for hours to see the doctor. Please check us out!

FOR MORE INFORMATION ON BREASTFEEDING AND BEN-
EFITS please call Kanonhkwa'tsheri:io Health Facility at 575-2341 and speak with Joyce Leaf, Program Coordinator for Healthy Arrivals, Healthy Babies, Healthy Children.

HeaLthy ArrivaLS, HeaLthy BabieS, anD HeaLthy childreN To ALl PriMe anD Post NataL FAmiLies

The Cornwall Kinsmen Municipal Centre in Cornwall Ontario will be hosting AQUATOTS for ages 4-months to 5 years with parent participation. This is a Great way to get mom back into shape, and baby exercises too! All eligible clients who are on the Program are encouraged to participate in this low impact shallow water Aerobic class that can help get back into shape and feel great! For information and registration sheets please go to Kanonhkwas:te:ti:o and see Joyce or Laurie.

Aquatot 1 (4 mos. to 1 year with parent participation)
Fri. 9:00-9:30 A.M.
Fri. 5:30-6:00 P.M.
Sun. 10:00-10:30 A.M.

Aquatot 2 (12 months to 2 years with parent participation)
Fri. 6:00-6:30 P.M.
Sun. 10:00-10:30 A.M.

Aquatot 3 (24 months to 5 years with parent participation)
Fri. 6:30-7:00 P.M.
Sun. 10:30-11:00 A.M.

Akwesasne Addiction & Counseling Program

If you have any questions or would like to receive counseling we offer the following services:

- Parenting Workshops
- Addictions counseling
- Smoking Cessation
- Youth Activities
- Sexual/Physical Abuse Counseling
- Gambling Addiction Counseling
- Eating Disorders
- Intensive Home Services
- Cultural Healing Activities
- Babes Program
- Play Therapy
- Children's Psychiatric/Psycho-
- logical Testing at Akwesasne
- Marital/Couples/Family
- Disabilities Advocate
- Cultural Support Services for
- Elders
- Akwesasne Satellite Office
- Intensive Home Services

Your goal is to address the Addiction and Mental Health needs of the community. The Addictions Program provides a cultural sensitivity to a variety of treatment opportunities for chemi-

cally dependent individuals and their families. The Counseling Program provides therapeutic counseling with qualified coun-
selors. Our program can provide

We offer you the choice of working with Certified Addictions Workers, Certified Prevention Specialists, Youth Worker and Therapists. Confidentiality is our Priority.

We can be reached at 613-575-

2341 ext. 100.