

Her Remarkable Right Arm Stronger Than Steel Cable

But Lillian Leitzel Can't Take a Vacation Like Ordinary Folks

By SHIRLEY KIRKE

CHICAGO (I. L. N.).—The interesting little lady in the adjoining column raises her weight with her right arm and throws her agile body over her right shoulder 194 times in about six minutes. As she weighs only about 110 pounds, she therefore lifts with the muscles of one arm roughly 21,000 pounds—or ten and one-half tons—in that brief space of time.

Ten times a day pretty Lillian Leitzel performs this feat of strength and endurance before circus spectators. No flexible steel cable ever devised by man would stand this strain. So sharply on edge are the tendons, muscles, ligaments and trained nerves of this remarkable arm that the queen of the world's acrobats doesn't dare to take a vacation like other girls. For if she should stop training or be confined to her bed for more than a week she would lose forever the control of that wonderful arm.

Of course, nature never constructed the human frame to perform any such miracle of stress and strain. Nobody else in the world ever undertook to accomplish this achievement. But if petite Miss Leitzel can lift ten and one-half tons in a little more than five minutes under the disadvantageous circumstances of hanging by her wrist—what is there remaining to be accomplished in future generations by other industrious, persistent trainers of human functions like the voice, the fingers, the legs, or, greatest of all, the human brain?

The pretty Lillian, in private life the wife of Alfredo Cordona, be-



LILLIAN LEITZEL

lieves it is possible to do whatever one wishes to do—provided one fights hard enough for victory. Her body was undergoing training at 2 and at 5 this child of the "big top" was an accomplished acrobat. From that time until she was a sensation she "practiced"—hours daily, coaxing her muscles to obey the orders of her nimble brain. The star, however, thinks her mother was the greatest woman acrobat of them all. When she was forty-two years old, she performed a swan dive from the top of Madison Square Garden straight down into a net that was stretched across the river as tight as a drum. She alighted on the back of her shoulders and neck, bounced twenty-five feet into the air and came down feet first, her white sandals twinkling like a ballet dancer's.

The queen of acrobats enjoys most the hours of homemaking underneath her own "private top," where as Mrs. Cordona she reigns between performances.

Walking is the best exercise, but some won't indulge in it because it is too cheap, and others because they think it makes them appear cheap.—National Republican.

Minister—I suppose, James, that you have a very favorable position in your class in school?
James—Yes, sir; I sit in the back seat near the stove.—Moorestown Star.

Did You Know?

That Labor Day is a legal holiday, by State enactment only, observed in the principal manufacturing and industrial States, on the first Monday in September. When ordinary labor is suspended and Labor organizations parade the streets.

That the reason many men sue for divorce is to get a separation from indigestible cooking.

That there are many women who preach; and they are not all in the pulpit either.

That in these modern days it's hard to tell ma from grandma a few blocks away.

That the average life of a dollar bill in circulation is less than two years.

That one of the comforts of home is to be able to scratch your mosquito bites as much as you want to.

That the best method of cleaning spark plugs that have become fouled with oil, is to boil them

in a solution of washing soda and water.

That cooking is a science now.

That good health depends not only upon fresh air and exercise, but also on what we eat.

That good digestion calls for a rational diet and proper preparation of food.

That nothing in the world is more valuable than good health.

The poet Owen Meredith wrote: We may live without poetry, music and art,

We may live without conscience, and live without heart;

We may live without friends, we may live without books, But civilized man cannot live without cooks.

Locating The Treasury Building
Ninety years ago, when the officials in Washington were quarreling over the selection of a site for the new treasury building, President Andrew Jackson grew tired

of the discussion and delay, walking forth from the White House one morning he turned east, walked 150 yards, stuck cane into the ground and said "Put it here." There it is today. Chicago Post.

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