



OUT  
MY  
WAY

By Camille Howland  
Woman's Page Editor

Have you seen a facsimile of the proposed new two-dollar bill Rep. Seymour Helpert, R-N.Y., wants circulated?

All I can say is Susan B. Anthony may have been the leading suffragette of her time, but she surely was not the sex symbol of the country. No wonder women's libbers get uptight when men act as if they think of women as sex symbols only.

It's probably a bit of strategy to put that particular face on a two-dollar bill. There won't be any great movement, surely not among men anyway, to hoard these bills and to paste them up on walls, etc. It should promote circulation of money.

There could well be some interesting new expressions about the two-dollar bill similar to those about the three-dollar bill.

"His tie is as loud as a two-dollar bill."

"That issue is as controversial as a ..."

"With her face she should be on a ..."

It must be quite a feeling of triumph for the hardest fighters in this thing that finally a bit of legal tender may bear the picture of a woman.

Well, it's undoubtedly a good thing. A person responsible for us women being able to put X's on a ballot should get some sort of material recognition.



Dear  
Abby

By Abigail Van Buren

DEAR ABBY: I love to cook, and my specialty is Hawaiian chicken. Last night we had company for dinner and everyone raved about my chicken, whereupon my husband launched into an assault on my mother's cooking. He stressed the point that, altho my mother was a "farm girl," she never learned how to cook a chicken. Then he described with much exaggeration and ridicule the way my mother's chicken came out.

I was terribly hurt and embarrassed. I'll admit my mother was not a very good cook, but she tried. Besides, HIS mother was no better, but I wouldn't dream of ridiculing her cooking.

Later I let my husband know how I felt, and he said he thought it was "funny." Is there something wrong with my sense of humor? I don't like people laughing at my mother. I'd like your opinion.

PUZZLED IN VERMONT  
DEAR PUZZLED: Some people don't care whom they ridicule as long as they get a laugh. Your husband sounds like that kind of person. You let him know you didn't like it. Good for you! In the future I think he'll be more careful.

DEAR ABBY: I am married to a wonderful man. We have four children. The oldest is nine and the baby is two. My husband is in Korea in the service. When he's home, he is the most loving and understanding man around, but when he's away, he never writes.

I have had only two letters from him in six weeks. I write to him every single night. I tell him about the children and myself and send him newspaper clippings, and I really try to make my letters newsy and cheerful. And I always tell him how much I love him and miss him.

I got in touch with the Red Cross to see if he was all right. That's how worried I was about him.

I have decided to quit writing to him until I hear from him, and see how he likes it. I love him very much, and deep down I know he loves me. So what should I do?

LONELY WIFE  
DEAR WIFE: Keep writing to him. It is possible that he has been writing, but you're not getting his letters.

DEAR ABBY: How are you? Nobody ever asks you how YOU are, they just start right in by telling you their troubles.

I was taught that when one writes a letter of a personal nature, it is only common courtesy to inquire about the health of the person to whom he is writing, and to omit this small formality is extremely rude.

So I would like to make up for all who have failed you in this regard and ask, how are you, Abby? RESPECTFUL IN MENDOCINO

DEAR RESPECTFUL: I'm just great. And grateful, thank you.

What's your problem? You'll feel better if you get it off your chest. Write to ABBY, Box 69700, Los Angeles, Cal. 90069. For a personal reply enclose stamped, addressed envelope.

## THE KITCHEN

...and beyond

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### STITCHIN' TIME

## Judging a Sewing Competition

By JOANNE SCHREIBER

How do you keep your bound buttonholes from raveling? With a little clear nail polish. Right?

Wrong.

Super-workmanship can make a super-outfit, even if the fabric is a \$2.98-a-yard polyester knit. Right?

Wrong.

There is nothing, absolutely nothing, quite so educational as judging garments on hangers, getting a moth's-eye view of seams and buttonholes, linings and facings, handstitching and machine stitching. As one of three judges in the semifinals of the Singer World Stylemaker Contest, I had a rare opportunity to inspect 87 garments, each of which had won a pair of electric scissors and a "Touch and Sew" sewing machine for its maker in previous judgments. These garments, then, were the cream of the crop, the best-of-show in three age groups from 29 regions.

The other two judges were Belle Rivers, Director of Talon Consumer Services, and Ina R. Stevens, Fashion Coordinator for Stacy Fabrics Corp. It took us two days to choose the 18 garments—six from each of the three age groups. All finalists receive cash prizes; the three "Queens of Sewing" receive jet trips abroad.

While judging, selecting, sorting, eliminating, discussing and deciding, we came up with three basic rules for contestants, and a whole batch of inside tips. First, the rules:

1. Use good fabrics. On a rack with a couple of doz-



The three top winners of the Singer World Stylemaker Contest held recently in San Francisco, are, from left, 18-year-old Suzanne Katherine Bertoff of Jackson, N.J., winner of the deb division; Marjorie McCaney of Santa Ana, Calif., 15, sub-deb division winner, and Janet Redmon, 12, of Dinair, Calif., Junior Miss winner.

en garments, good fabrics stand out. They hang better, they stand up to packing, unpacking, pressing and general handling; and they make your sewing look better.

2. Don't oversew. The new doubleknits, whether of cotton, wool, synthetics, or blends, require simple sewing techniques. They simply don't need such refinements as bound seams; even an

underlining is often too much. Suit your sewing to the fabric, and save your best workmanship for de-servicing fabrics.

3. Have fun with your sewing! Browns and grays and murky neutrals are O.K.—but what's wrong with red, a swinging print, a wild plaid? Only the youngest sewers went in for color—the middle and older age groups seemed terrified of it. Fabric and color are terrific turn-ons—make them work for you! And what about some fun clothes?

So much for the rules. Now for a few remarks on technique. Several of the girls used a close buttonhole stitch to sew on hooks and eyes—very nice. Covered snaps rate an approving nod. Remember to sew down the ends of your invisible zippers, and finish your facing edges as nicely as your hem edges. Watch out for those heavy coat linings which are fleece on one side and satin on the other. They can drag down the coat fabric and make the garment look droopy. Inner fabric should support the outer fabric, not dominate it.

If you can't do bound buttonholes, don't do them at all. And be sure the workmanship is on the same level all the way through the garment. Some garments had sensational buttonholes and unbelievably clumsy hemstitching, and we couldn't believe all the work had been done by the same young girl.

All in all, though, we were delighted to see how well you sew, and how much you know of tailoring and real couturier techniques.

(NEWSPAPER ENTERPRISE ASSN.)

## Superb Zucchini Boats

Vegetables such as zucchini, eggplant and tomatoes are important to Italian cooking. A variation on ways to prepare zucchini with a pseudo-Italian touch is Corned Beef Zucchini Boats. This baked dish makes a good appetizer or a complete meal when served with a side dish of spaghetti and a salad.

### CORNED BEEF ZUCCHINI BOATS

4 pieces zucchini  
2 4½-ounce cans corned beef spread  
1 tablespoon butter or margarine  
4 tablespoons diced onion  
4 tablespoons diced green pepper  
½ cup cooked rice  
½ cup barbecue sauce  
½ cup tomato sauce  
1 cup grated Mozzarella cheese

Cut zucchini in half length-



Zucchini topped with corned beef spread, tomato and cheese is superb.

wise and parboil for 5 to 10 minutes or until soft. Drain and scoop out seeds and pulp. Place zucchini boats in a baking dish. Save pulp. Sauté onion and pepper in butter or margarine until soft, not brown. Add to this

spread and chopped, drained pulp of zucchini. Fill boats with above mixture. Cover with combined tomato and barbecue sauces. Top with grated cheese. Bake at 350 degrees for 30 minutes. Makes 4 servings.

(NEWSPAPER ENTERPRISE ASSN.)

## Stewardesses Make Good Wives

By DICK KLEINER

LOS ANGELES—(NEA)—Maybe one reason why airline stewardesses make good wives is because of the hostess crouch.

Darlene Fuentes, an 11-year veteran of flying, is currently supervisor of hostess training for Continental Airlines. (They prefer "hostess" to "stewardess.") She says statistics prove that there are fewer divorces in families where the wife was a stewardess than for any other profession.

Mrs. Fuentes, a tall blonde from Union Mills, Ind., who is married to a Los Angeles policeman, says there are some good solid reasons why hostesses/stewardesses make good wives.

"Being a hostess," she says, "is the best possible training for being a housewife. Working in an airplane is identical to having a home."

And maybe housewives could learn a little something by watching hostesses, next time they fly.

"Being a hostess," she says, "has made me almost temperless. Girls who've done it for two or three years



Darlene Fuentes

have to develop patience, ingenuity, common sense. And they have to learn to care for people."

And there's more basic housewifery training than a just mental attitude, too.

The hostess crouch, for example, that's the business of leaning over to serve a passenger. That, plus the stretching to put things in

the overhead rack, and retrieve them, combine to give hostesses a program of near-isometrical exercises.

"You don't see many hostesses with flabby thighs," Mrs. Fuentes says. "Every time she works, she flexes her knees slightly, and lets her thighs do the work. That's the best possible prevention for flabby thighs."

At some of the airlines, hostesses have periodic weight checks. When they are hired, they are given a complete physical, and the doctor assigns them weight limits. Once a month, ever after, Mrs. Fuentes' hostesses have a weight check—and they're fired if they don't hit their marks.

"Being a hostess," Mrs. Fuentes says, "is just what the word implies, and it prepares a girl for social events. If you can explain to 124 people why the coffee tastes a little peculiar today, then you can explain to one man across a breakfast table."

She says that hostess-training helps a woman talk to people. She remembers once, on a flight, meeting a man who was a peanut grower, and he told her all

about his business. She can now converse with any other peanut grower she happens to meet and that goes for dozens of other professions.

She says the girls learn about food, how to prepare it and serve it with a flair. She says they travel all over and eat always at the finest restaurants. Thus, when they marry, they usually prepare a fine table for their husbands.

They learn to carve roasts, to taste and understand wines, to be gracious hostesses.

"You have to be at the door when your guests come on the airplane," she says. "It's a \$23-million house, but you are the hostess. The only thing we don't have to do is wash the dishes. But we take the coats, smile, chat-chat."

She says that being a hostess is the perfect finishing school for a girl who wants to marry. And, meanwhile, it's a very good job.

"It's a great job," Mrs. Fuentes says. "A senior girl on our Hawaii run works eight days a month—for \$1,195. And while she's doing it, she's preparing herself to be a good wife."

(NEWSPAPER ENTERPRISE ASSN.)



## POLLY'S POINTERS

### Two Ways to Lighten Dark Painted Walls

By POLLY CRAMER

DEAR POLLY and Mary S.—Our former home had knotty pine walls in several rooms and I found it quite easy to lighten or darken the wood. Use any good paint remover, apply with a brush and wipe dry with old cloths when the finish is loosened. Buy knotty pine varnish-stain in a natural color, apply evenly with a brush and that is all. Apply in direction of the grain of the wood. I think this varnish comes light and dark, dull or shiny. It never fails for me.—ETHEL.

DEAR POLLY—Mary S. can lighten the knotty pine walls she stained too dark by using a paint "wash." Make this with paint thinner and an oil-base paint mixed about half-and-half. The paint used should be a pale color to blend with her color scheme. She can paint the wash on to see if it will stay on that way and if it doesn't she can rub it into the wood. If she has only a stain on the walls she will have little trouble getting the wash to stick, but if she has varnish stain on them she may have to lightly sand the walls or even use a varnish remover before applying the paint wash.—GAIL.

### Polly's Problem

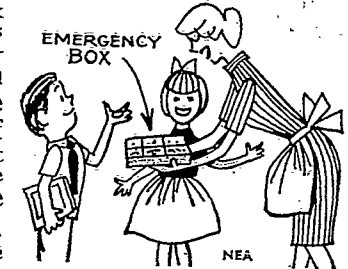
DEAR POLLY—Please, someone tell me how to get hairs from my long-haired dog off my indoor-outdoor carpet. The vacuum does not take them all up, so I need help.—MRS. P. W.

DEAR POLLY—My Pet Peeve is with those long distance calls we get about buying house siding, etc. The last one I answered was while I was at my folks' home and the representative insisted on talking to my mother who was buried the day before.—MRS. G. C. W.

DEAR MRS. G. C. W.—I know just what you mean. Ten years after my husband's death, a salesman for house siding called and said that my husband had told him to call for an appointment for that evening as he was very interested in the product.—POLLY

DEAR POLLY—During the school year we keep an "Emergency Box" which is a small cardboard box with dividers in it and is covered with bright adhesive-backed plastic. In each of these dividers we have an assortment of emergency articles that are often needed at the last minute before the children take off for school. Some things in ours are safety pins, ponytail bands, rubber bands, shoestrings, bandages and change for bus fare. This box has really saved a lot of confusion from having to hunt for things at the last minute.—I. G.

(NEWSPAPER ENTERPRISE ASSN.)



## Fashion and Beauty Tips

### Knee Pants

With all the fashion freedom—lots of different lengths and lots of layers—pants, too, are offering many different looks. Now there are wide flared bellbottoms, straight-legs, knickers, gauchos and knee pants. Knee pants are slightly longer and closer fitting than the gauchos, a little like the pedal-pusher of the days of yore, but with bright tights adding a modern flair. Pants that come in regular length may be rolled to look like the new roll-ups. So much for fashion freedom.

### Robin Hood Top

Riding through the glen. That's Robin Hood. It's also a new look from Paris. So if you want to look like one of Robin Hood's men, try a deep sea green wool jersey tunic top. The tunic features extended shoulders, big armholes and is gathered at the waist by a matching belt.

The pants are narrow and cuffed. You can even get a pocketbook that looks like a quiver to carry your arrows. And if you want to carry the look all the way through, there's always a Robin Hood hat.

### Going Exotic

The clothing designers are going exotic. Back to the Orient for fashion ideas. The wide-legged pajama outfits with geometric printed flowers in paint box colors sing of China-mania.

### Billowing Bare

The new billowing bare evening dresses have fuller skirts and are made of light-colored fabrics with fabrics of filmy gossamer silks. The look is sheer elegance.

### Military Look

The military or carefully tailored look in jackets may

be beautifully contrasted with translucent crepe blouses with clumps of flowers or fruit gathering at the neck.

### Lip Gloss

Colorless lip gloss can serve as more than a lip moisturizer. Try using it just below the eyebrow as a sparkling eye highlight.

### More on Lips

Let your colored lip glosses double as a cheek gloss. Or if the color is of a brown shade, use it for facial contour.

### Natural Look

The close-to-nature look in clothes offers a soft, fluid, natural look. But besides that it brings the things of nature, flowers, brightly colored birds and fish, into full focus on your clothes.

## YOUNG ORIGINALS

### Fashion Coordinated . . .

Together this dress and coat makes a handsome set . . . separately, they are wonderful wardrobe builders. Make the simple-line dress in a favorite color, then add the sleeveless coat-made from a gay print in contrasting color.

Consult the Fashion Coordinator included in each Young Original, for color, fabric and accessory suggestions.

B-165 with Photo-Guide is in Sizes 8 to 18 (bust 31½-40). Size 10, 32½ bust . . . dress, 2½ yards of 60-inch; coat, 2¾ yards.

Send \$1.25 for this smart Young original pattern designed for women who sew. Write (name of your newspaper), Box 438, Midtown Station, New York, N.Y. 10018. Print full name, address with zip code, pattern number and size.



B-165  
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